

# June 2021

## LUNCH



### Menu subject to change without notice

All breakfast served with a ½ cup equivalent of fruit and 8oz milk.  
All lunches served with ½ cup equivalent of fruit & ½ cup equivalent of veggies and 8oz milk.



**Nutrition Tip:** Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato!



Reference: USDA MyPlate

### Monday



Corn Dog

7

Served with:  
Fruit, Veggie, Milk

### Tuesday

Chicken Fajita

1

Served with:  
Fruit, Veggie, Milk

Beef Taco

8

Served with:  
Fruit, Veggie, Milk

### Wednesday

Turkey and Cheese Sandwich

2

Served with:  
Fruit, Veggie, Milk

Hamburger

9

Served with:  
Fruit, Veggie, Milk

### Thursday

Teriyaki Chicken

3

Served with:  
Fruit, Veggie, Milk

Cheesy Pasta

10

Served with:  
Fruit, Veggie, Milk

### Friday

Chili Verde Burrito

4

Served with:  
Fruit, Veggie, Milk

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